

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Kix Cereal B: --, Kix(WG), --, Blueberries, Milk - Whole, 1%, Skim <hr/> L: Fish Sticks, Whole Grain Rich Bread (WGR)(WG), French Fries, Peaches, Milk - Whole, 1%, Skim yogurt bananas P: Provolone Cheese, Ritz, --, Bananas, --
4 Life B: --, Life, --, Strawberries, Milk - Whole, 1%, Skim mac n cheese L: Beef Franks, Whole Grain Rich Bread (WGR) (WG), Baked Beans, Mandarin Oranges, Milk - Whole, 1%, Skim goldfish P: --, Goldfish Crackers, --, Fruit Punch, --	5 Toast/fruit B: --, Oatmeal, --, Bananas, Milk - Whole, 1%, Skim Ramen/Chicken L: Turkey Lunchmeat and Cheese, Whole Grain Rich Bread (WGR)(WG), Celery, Pineapple, Milk - Whole, 1%, Skim cheese crackers P: --, Cheese Crackers, --, Apple Juice, --	6 Cheerios multi B: --, Cheerios Multi Grain(WG), --, Applesauce, Milk - Whole, 1%, Skim meatballs/mashed potatoes L: Beef Meatball, Multi-grain Bread, Potato,Mashed, Applesauce, Milk - Whole, 1%, Skim Celery and peanut butter P: Peanut Butter, --, Celery, --, --	7 Cheerios multi B: --, Cheerios Multi Grain(WG), --, Applesauce, Milk - Whole, 1%, Skim L: Mozzarella Cheese, Pizza Crust, Mixed Vegetables, Oranges, Milk - Whole, 1%, Skim goldfish P: --, Goldfish Crackers, --, Fruit Punch, --	8 Cheerios B: --, Cheerios Multi Grain(WG), --, Bananas, Milk - Whole, 1%, Skim L: Chicken Nuggets, Whole Grain Rich Bread (WGR) (WG), French Fries, Oranges, Milk - Whole, 1%, Skim pretzels P: --, Pretzel - Hard, --, Grapes, --
11 Oatmeal B: --, Quaker Instant Oatmeal, Original(WG), --, Blueberries, Milk - Whole, 1%, Skim L: Turkey Kielbasa, Whole Grain Rich Bread (WGR) (WG), Broccoli, Peaches, Milk - Whole, 1%, Skim cheese crackers P: --, Cheese Crackers, --, Apple Juice, --	12 Cheerios multi B: --, Cheerios Multi Grain(WG), --, Applesauce, Milk - Whole, 1%, Skim L: Hamburger Pattys 100%, Whole Grain Rich Bread (WGR)(WG), Tater Tots, Oranges, Milk - Whole, 1%, Skim Ritz PB and juice P: Peanut Butter, Ritz, --, Grape Juice, --	13 Cheerios multi B: --, Cheerios Multi Grain(WG), --, Blueberries, Milk - Whole, 1%, Skim L: Chicken Breasts, White Rice, Green Beans, Mandarin Oranges, Milk - Whole, 1%, Skim goldfish P: --, Goldfish Crackers, --, Grapes, --	14 Toast/fruit B: --, Cheerios Multi Grain(WG), --, Bananas, Milk - Whole, 1%, Skim L: Turkey Sausage, French Toast, Hash Browns, Apples, Milk - Whole, 1%, Skim graham crackers P: --, Graham Crackers, --, - , Milk - Whole, 1%, Skim	15 Life cereal B: --, Life(WG), --, Strawberries, Milk - Whole, 1%, Skim L: --, --, --, --, -- Ritz PB and juice P: Peanut Butter, Ritz, --, Grape Juice, --

Monday		Tuesday		Wednesday		Thursday		Friday	
18	<p>Cheerios multi</p> <p>B: --, Cheerios Multi Grain(WG), --, Bananas, Milk - Whole, 1%, Skim</p> <p>L: Whole Chicken, Egg Noodles(WG), Mixed Vegetables, Peaches, Milk - Whole, 1%, Skim</p> <p>yogurt/animal crackers</p> <p>P: Yogurt 23 grams sugars per 6 ounces, Animal Crackers Enriched Flour, --, --</p>	19	<p>Oatmeal</p> <p>B: --, Quaker Instant Oatmeal, Original(WG), --, Blueberries, Milk - Whole, 1%, Skim</p> <p>L: Turkey Lunchmeat and Cheese, Whole Grain Rich Bread (WGR)(WG), Cucumbers, Applesauce, Milk - Whole, 1%, Skim</p> <p>goldfish</p> <p>P: --, Goldfish Crackers, --, Apple Juice, --</p>	20	<p>Cheerios multi</p> <p>B: --, Life(WG), --, Strawberries, Milk - Whole, 1%, Skim</p> <p>L: Turkey Ground, Spaghetti Noodles, Salad, Mixed Fruit, Milk - Whole, 1%, Skim</p> <p>cheese crackers</p> <p>P: --, Goldfish Crackers, --, Apple Juice, --</p>	21	<p>Cheerios strawberry</p> <p>B: --, Cheerios(WG), --, Strawberries, Milk - Whole, 1%, Skim</p> <p>L: Cheddar Cheese, Macaroni Noodles, Salad, Mandarin Oranges, Milk - Whole, 1%, Skim</p> <p>goldfish</p> <p>P: --, Goldfish Crackers, --, Fruit Punch, --</p>	22	<p>Oatmeal</p> <p>B: --, Cheerios Multi Grain(WG), --, Blueberries, Milk - Whole, 1%, Skim</p> <p>L: Mozzarella Cheese, Flat Bread, Spinach, Applesauce, Milk - Whole, 1%, Skim</p> <p>Peanut butter sandwich</p> <p>P: Peanut Butter, Whole Grain Rich Bread (WGR) (WG), --, Mandarin Oranges, --</p>
25	<p>Toast/fruit</p> <p>B: --, Life, --, Bananas, Milk - Whole, 1%, Skim</p> <p>L: Chicken Nuggets, Whole Grain Rich Bread (WGR)(WG), French Fries, Mixed Vegetables, Milk - Whole, 1%, Skim</p> <p>pretzels</p> <p>P: --, Pretzel - Hard, --, Grapes, --</p>	26	<p>Cheerios multi</p> <p>B: --, Cheerios Multi Grain(WG), --, Applesauce, Milk - Whole, 1%, Skim</p> <p>L: Pot Roast, Whole Grain Rich Bread (WGR)(WG), Potatoes, Carrots, Milk - Whole, 1%, Skim</p> <p>yogurt/animal crackers</p> <p>P: Yogurt 23 grams sugars per 6 ounces, Animal Crackers Enriched Flour, --, --</p>	27	<p>Kix Cereal</p> <p>B: --, Cheerios Multi Grain(WG), --, Blueberries, Milk - Whole, 1%, Skim</p> <p>L: Beef Franks, Whole Grain Rich Bread (WGR)(WG), Baked Beans, Oranges, Milk - Whole, 1%, Skim</p> <p>cheese crackers</p> <p>P: String Cheese, --, --, Applesauce, --</p>	28	<p>Kix Cereal</p> <p>B: --, Kix(WG), --, Blueberries, Milk - Whole, 1%, Skim</p> <p>L: Turkey Bacon, Pancakes / Waffles, Hash Browns, Peaches, Milk - Whole, 1%, Skim</p> <p>animal crackers-fruit</p> <p>P: --, Cheese Crackers, --, Fruit Cocktail, --</p>	29	<p>cream of wheat</p> <p>B: --, Cream of Wheat(WG), --, Bananas, Milk - Whole, 1%, Skim</p> <p>L: Fish Sticks, Whole Grain Rich Bread (WGR)(WG), French Fries, Applesauce, Milk - Whole, 1%, Skim</p> <p>animal crackers-fruit</p> <p>P: --, Animal Crackers Enriched Flour, --, Fruit Cocktail, --</p>